



Tour Descriptions and Price List for Tour Operators

Adventures Panama

www.AdventuresPanama.com

info@AventurasPanama.com

Phone: +507- 6679-4404

[Terms & Conditions](#)



Rafting in Panama

(day trips)

From June to February

info@AventurasPanama.com

Phone: +507- 6679-4404





Mamoni White Water Rafting

July through February

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 7am – 4pm

Who can go?: 18+ years, in good health

Includes: Transport and pick-up from hotel in Panama City, rafts and gear, guides, lunch

Bring: PASSPORT (mandatory), swimsuit, light or dry fit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Fridays)	Min # on un-scheduled dates	Max # Jul-Dec	Max # Jan-Feb
4	6	24	12

Prices per Person:

Retail Price	Net Price for 4-6 Pax on scheduled date	Net Price for 7+ Pax on any date
\$135.00	\$121.50	\$108.00

More Information: [HERE](#)



Mamoni River is an exciting and demanding rafting experience for those who are looking for some adrenaline. If you like white water action, Mamoni River is the closest rafting to Panama City. The river is classified as Class III-IV (check [Panama White Water Rafting Rapid Classification](#) for more Information). There are some rapids that we choose to hike due to safety considerations, among them, a beautiful waterfall.





Rio Grande White Water

June through March

info@AventurasPanama.com
Phone: +507- 6679-4404

Duration: 6am – 5:30pm. Changes depending on pick-up

Who can go?: 12-17 years, in good health

Includes: Transport and pick-up from hotels in Panama City & Beach areas, rafts and gear, guides, lunch

Bring: Swimsuit, light or dry fit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Thursday)	Min # on un-scheduled dates	Max # Jul-Dec	Max # Jan-Jun
4	6	30	12

Prices per Person:

Retail Price	Net Price for 4-6 Pax on scheduled dates	Net Price with 7+ Pax on any date
\$130.00	\$117.00	\$104.00

More Information: [HERE](#)



Rafting Rio Grande Panama, in Coclé Province, is fun for everyone! Since it is close to the beach area of the Pacific Ocean, we recommend it for everyone staying there. The river is classified Class III+ at its Upper Section and Class II-III at its lowest section. It runs through tropical dry forest. Most of its basin is devoted to cattle and farming.



The Chagres Challenge

July through February

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 5am – 7pm

Who can go?: 12-70 years, in good health and fit

Includes: Transport and pick-up from hotel in Panama City, rafts and gear, guides, breakfast and lunch

Bring: Swimsuit, light or dry fit clothes to get wet, sneakers or light boots with good soles, cap, sunscreen, light jacket or windbreaker, towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Sunday)	Min # on un-scheduled dates	Max # Jul-Dec	Max # Jan-Feb
4	6	24	12

Prices per Person:

Retail Price	Net Price for 4-6 Pax on scheduled dates	Net Price for 7+ Pax on any date
\$185.00	\$166.50	\$148.00

More Information: [HERE](#)



A full day jungle expedition from sunrise to sunset. We will hike for about 2 hours through a demanding trail to reach Rio Piedras, where we start rafting for about 5 hours, through the pristine jungle of the Chagres National Park. During this trip we won't find any trace of humans, until we will be picked up by a wooden outboard motor canoe from the Embera Tribe that will take us back to civilization in about 1.5 hours. The flora is typical of the tropical rain forest, and you are likely to spot several samples of the fauna, such as rainforest monkeys, sloths, river otter, iguana, toucan, and plenty of fish.



Kayaking in Panama

(day trips)

info@AventurasPanama.com

Phone: +507- 6679-4404





Chagres River in Expedition Kayaks

year-round

info@AventurasPanama.com
Phone: +507- 6679-4404

Duration: 7am – 5pm
Who can go?: 12-70 years, in good health
Includes: Transport and pick-up from hotel in Panama City, kayaks and gear, guides, lunch
Bring: Light or dry fit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Saturday)	Min # on un-scheduled dates	Max # on all dates
4	6	12

Prices per Person:

Retail Price	Price for 4-6 Pax on scheduled dates	Price for 7+ Pax on any date
\$165.00	\$148.50	\$132.00

More Information: [HERE](#)



One of Panama's best kayak adventures is to paddle these last twelve kilometers of the Chagres River on its way to the Caribbean Ocean. You will encounter main Panama Canal components such as the Gatun Locks (not a visitor center) and the Gatun Dam. You will also see Panama's beautiful nature and wildlife and then, when we reach the Ocean we will visit one of Panama's ruin attractions, Fort San Lorenzo. This fortress was built by Spaniard Conquistadores to seal this route from pirate incursions searching to attack Panama City located by the Pacific Ocean.



Portobelo Sea Kayaking and Snorkeling

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 8am – 4pm

Who can go?: 12-70 years, in good health

Includes: Transport and pick-up from hotel in Panama City, kayaks and gear, guides, lunch

Bring: Light or dryfit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry clothes.



Min/Max Number of Participants (Pax):

Min # on scheduled dates (Thursday)	Min # on un-scheduled dates	Max # on all dates
4	6	12

Prices per Person:

Retail Price	Net Price for 4-6 Pax on scheduled dates	Net Price with 7+ Pax on any date
\$165.00	\$148.50	\$132.00

More Information: [HERE](#)



Get the feeling of being at the movie set of “The Pirates of the Caribbean”!

You will visit ruins of Spaniard Conquistadores fortifications and learn about the importance of Portobelo in history as a gold route. You will kayak through the bay of Portobelo, to a beautiful beach where you can relax and snorkel.

This trip includes the perfect mix of action, history, culture, and beach relaxation...



Panama Canal, Gatun Lake Expedition

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 8am – 2pm

Who can go?: 12-70 years, in good health

Includes: Transport and pick-up from hotel in Panama City, kayaks and gear, guides, lunch

Bring: Light or dry fit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min #	Max # on all dates
4	12

Prices per Person:

Retail Price	Price for 4-6 Pax on scheduled dates	Price for 7+ Pax on any date
\$165.00	\$148.50	\$132.00

More Information: [HERE](#)



Meet the Panama Canal and it's surrounding wild nature on Kayaks!

The Canal is much more than a marvel built to transit vessels from one ocean to another. We take you to explore this wonder in expedition kayaks to allow you a close encounter with its wildlife.

With the creation of Gatun Lake many mountain tops were turned into islands. In its shores covered by dense tropical forest you will find all kinds of tropical flora and fauna.



Panama City Sun Rise /Sun Set Kayaking

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: SUNRISE: 5:30am-7:30am, SUNSET: 4pm-6pm

Who can go?: 14-70 years, in good health

Includes: kayaks and related gear, guides

Bring: Light or dry fit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min #	Max # on all dates
4	12

Prices per Person:

Retail Price	Price for 2-6 Pax on scheduled dates	Price for 7+ Pax on any date
\$ 85.00	\$ 76.50	\$ 68.00

More Information: [HERE](#)



Modern Panama City skyline is constantly evolving. It is the city with the tallest buildings in Latinoamerica (with some reaching highs above 58 stores, or 250 mts).

For the sunset kayaking we will start paddling at Punta Paitilla, and Punta Pacifica. Then paddle in front of the modern skyscrapers placed along the city ocean front by Cinta Costera or the Balboa Avenue in our right, and overlooking at the distance Taboga Island, Amador Islands, and vessels waiting their turn to enter the canal in our left hand with the Amador Coastway and Casco Antiguo in front. We will finish in Santo Domingo Beach, going around Las Bovedas Monument in Casco Viejo.

For the sunrise we will paddle the other way around.



Taboga Island Sea Kayaking

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 9:30 am – 2 pm

Who can go?: 16-65 years, in good health

Includes: Kayaks and gear, guides, lunch

Bring: Light or dry fit clothes to get wet, sneakers or strapped sandals with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min #	Max #
6	12

Prices per Person:

Retail Price	Net Price for 6 Pax	Net Price for 7+ Pax
\$165.00	\$148.50	\$132.00

NOTE: Tour starts at Taboga Beach, Transfer from Panama City to Taboga and back is not included

More Information: [HERE](#)



Paddle around Taboga Island on Expedition kayaks!

You can explore parts of the Island that are impossible to reach by land due to its steep topography.

The back side of Taboga is a reserve and nesting area for pelicans, seagulls and frigatebirds, which makes it a perfect place to watch sea birds.



Other Day Trips

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Panama City & Canal Tour

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 9am (4-6 hours)

Who can go?: Everyone

Includes: Transportation, bilingual guide

Bring: Walking shoes, camera, cash for souvenirs

Min/Max Number of Participants (Pax):

Min #	Max #
4	30

Prices per Person:

Retail Price	Net Price 4-6 Pax	Net Price with 7+ Pax
\$125.00	\$112.50	\$100.00

More Information: [HERE](#)



You just have one day in Panama City or simply want more Information about its history? On this City and Canal Tour you will cover all its main sights. Casco Antiguo, Amador Causeway, the ruins of Old Panama and the Miraflores Locks Visitor Center where you will have a chance to see ships passing through the Canal.



Bayano Canyoning

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 7am – 4pm

Who can go?: 12-70 years, in good health

Includes: Transport and pick-up from hotel in Panama City, guides, lunch

Bring: Passport (mandatory), light or dry fit clothes to get wet, sneakers or light boots with good soles, cap, sunscreen, insect repellent, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

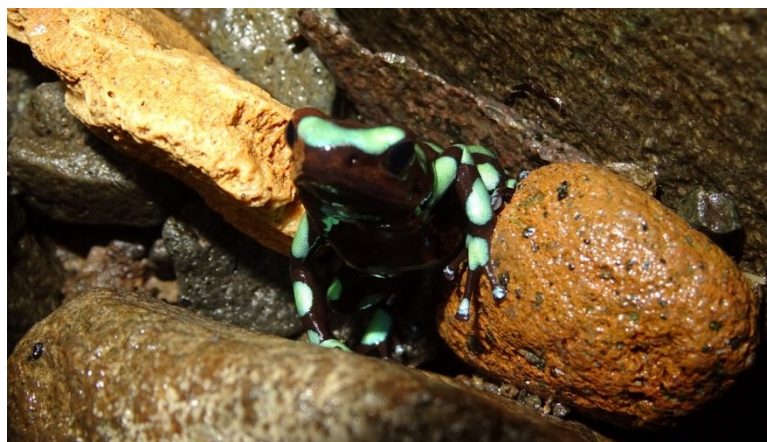
Min/Max Number of Participants (Pax):

Min #	Max #
4	12

Prices per Person:

Retail Price	Net Price 4-6 Pax	Net Price with 7+ Pax
\$160.00	\$144.00	\$128.00

More Information: [HERE](#)



Dive into a world unknown!

Two hours, back and forth, scouting caves, rock formations, and canyons carved by a creek in limestone. We turn back when reaching a crystal clear lagoon, perfect to relax and enjoy some sun before heading back.

Bats are guarantee to be encountered. Many bats !

Bayano Lake is a jewel of Panama, with a spectacular environment that is home to hundreds of birds and other animal species, some of them very rare.



Embera Native Village

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 8am – 3pm

Who can go?: 8-70 years, in good health

Includes: Transport and pick-up from hotel in Panama City, bilingual guides, lunch, donation to the Chagres Foundation

Bring: Swimsuit, camera, sneakers or light boots with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min #	Max #
4	25

Prices per Person:

Retail Price	Net Price for 4-6 Pax	Net Price with 7+ Pax
\$125.00	\$112.50	\$100.00

More Information: [HERE](#)



Spend a day getting to know the Embera's indigenous culture.

Chief Neldo Tocamo and his tribe in Tusipono, Chagres National Park, close to Panama City will give you a warm welcome. You will learn about their customs, beliefs and way of living.

Even though they migrated from the remote rainforest of Darien's jungle, bordering Colombia, more than thirty years ago, their traditions haven't changed.



Canopy Adventures at El Valle

year-round

info@AventurasPanama.com
Phone: +507- 6679-4404

Duration: 8am – 5pm

Who can go?: 12-70 years, in good health

Includes: Transport and pick-up from Hotel in Panama City, Bilingual Guides, Lunch, Zip line gear

Bring: ID, hat, camera, sneakers or light boots with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), dry set of clothes (in case of rain), insect repellent, pocket money

Min/Max Number of Participants (Pax):

Min #	Max #
4	25

Prices per Person:

Retail Price	Net Price for 4-6 Pax	Net Price with 7+ Pax
\$180.00	\$162.00	\$144.00

More Information: [HERE](#)



Encounter the waterfall "El Macho" and the surrounding Jungle in "El Valle de Anton," from a different perspective. The Zipline offers the adventurous opportunity to ascend into the forest and see its beauty from above.

"El Valle de Anton" is a picturesque little town situated in the crater of a gigantic extinct volcano. You will have time to enjoy the strange land formation, its special vibe and to buy its famous handcrafts.



Soberania National Park

year-round

info@AventurasPanama.com
Phone: +507- 6679-4404

Duration: 5:30am – 12pm

Who can go?: 14+ years, in good health

Includes: Transport and pick-up from Hotel in Panama City, Trained Guides, Lunch

Bring: 2 Liters of water, sneakers or strapped sandals with good soles, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min #	Max #
4	12

Prices per Person:

Retail Price	Net Price with 4-6 Pax	Net Price with 7+ Pax
\$110.00	\$99.00	\$88.00

More Information: [HERE](#)



Leave behind the exhausting noise of the City and escape to the stunning, natural beauty of the Panamanian jungle. This unforgettable excursion will take you along the Plantation Road in the Soberania National Park, two examples of the lush flora and fauna of this region, rich in natural resources.

The route has a length of 6.5 kilometers, ideal for a quiet but more or less complete trek to all the natural wonders of the park. As you get deep in the woods, observe monkeys, armadillos, sloths and a variety of bird species in their natural habitat.



Peacock Bass Fishing at Gatun Lake

year-round

info@AventurasPanama.com
 Phone: +507- 6679-4404

Duration: 6:30am – 1:30pm

Who can go?: Everyone (up to 5 persons per boat)

Includes: Transport and pick-up from hotel in Panama City, fishing boat, lunch (cold sandwich and beverages)

Bring: Light clothing, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes (just in case)

Min/Max Number of Participants (Pax):

Min #	Max #
1	5

Prices per Person:

	Retail Price (per pax)	Net Price (per pax)
- 1 Pax	\$435.00	-1 Pax \$391.50
- 2 Pax	\$278.00	-2 Pax \$250.20
- Add. Pax	\$70.00	Add. Pax \$63.00

More Information: [HERE](#)



The Peacock Bass is very appreciated by sport fishermen due to its fighting qualities. The most common techniques for fishing Peacock Bass are similar to those for catching largemouth bass, with the notable exception that peacock bass usually will not strike artificial worms, a widely used lure among largemouth bass fisherman.



Panama Canal Transit (full/partial)

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Partial Transit

Duration: 4-5 hours
Operation: Check in at Coastway Amador to take a 45 minutes ride to Gamboa by coach. Board the Pacific Queen and navigate back towards Panama City on the Canal. (some days the tour will be done the other way around)

Full Transit

Duration: 7am - 8pm
Operation: Check in at 7am at Flamenco Marina, at the end of the Amador Coastway. You will navigate all the way to the Atlantic Ocean, from there you will be transferred back to Panama City.

Includes: Bilingual guide/narrator, lunch, beverages (all you can drink), transportation by bus (way back)

Notes: - This is not an exclusive trip, the boat has a capacity of 200 persons
 - Given itinerary is tentative and subjected to final decision of the Panama Canal Authority. If there is a change we will notify you by **email** as soon as we get notified.



Pricing for Adults (A) and Children (C) (3-12 yrs old)

Partial Transit: [HERE](#)

Full Transit: [HERE](#)

Low Season (May-Oct)		High Season (Nov-Apr)		Low Season (May-Oct)		High Season (Nov-Apr)	
Retail	Net	Retail	Net	Retail	Net	Retail	Net
A	A	A	A	A	A	A	A
\$135.00	\$121.50	\$150.00	\$135.00	\$180.00	\$162.00	\$195.00	\$175.50
C	C	C	C	C	C	C	C
\$85.00	\$76.50	\$95.00	\$85.50	\$95.00	\$85.50	\$105.00	\$94.50



The best way to experience the Panama Canal is onboard a boat. During your transit, you will have the unique opportunity to see the Canal up close in operation.

Partial Transit vs Full Transit of the Panama Canal ?

If it is in your bucket list go for the full transit. If you wish to get the experience in half day the Partial Transit should be your choice.



Panama Whale Watching

July through September

info@AventurasPanama.com
Phone: +507- 6679-4404

Duration: 7am – 5:30pm

Who can go?: 3+ years, in good health

Includes: A mega motor Catamaran Vessel is our default vessel but it might vary, Trained Guides, life-jackets, snacks and water

Bring: Sneakers or strapped sandals, camera, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry set of clothes.

Min/Max Number of Participants (Pax):

Min #	Max #
2	50

Prices per Person:

Children (3-12 yrs old)		Adults	
Retail	Net	Retail	Net
\$100.00	\$ 90.00	\$150.00	\$ 135.00

More Information: [HERE](#)



Every year several thousand Humpback Whales leave the cold waters of the far north, to make an extraordinary journey to the warm waters of the Pacific coast of Panama, in order to mate or give birth. Humpback whales measuring about fifteen meters and weigh 40 tons in average.

We'll go to "Las Perlas Archipelago", which is considered one of the best places in the world to observe Humpback whales between June and October.



Bird Watching Paradise of Pipeline Road

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 6 hours

Who can go?: Everyone

Includes: Transportation, trained guides, snacks

Bring: Sneakers, camera, cap, sunscreen, light jacket or windbreaker (in case of rain)

Min/Max Number of Participants (Pax):

Min #	Max #
4	8

Prices per Person:

Retail Price	Net Price
\$125.00	\$112.50

More Information: [HERE](#)



The bird-watching paradise of "Pipeline Road" is located in the Soberania National Park, 30 minutes from Panama City. Approximately 385 bird species have been counted here, including 8 species of wrens, 5 trogons, 4 puff birds, 3 marmots & many ant birds!

More flycatchers have been reportedly seen on the road, as if 17 Km are not enough, there are a great amount of tails, more than eleven rivulets and rivers inside the forest. The Pipeline Road is also a good place to spot raptor birds: the 3 hawks of the forest have been seen with lots of difficulties.



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Phone: +507- 6679-4404

Adventures in Boquete





Boquete Tree Treck

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 8am – 12:30pm/1pm-5pm

Who can go?: 6-70 years, in good health, weight less than 200 pounds

Includes: Transportation from and to Plaza Los Establos in Boquete, trained guides, zipline and gear

Bring: Sneakers or strapped sandals with good soles, outdoor clothing, cap, sunscreen, dry set of clothes (in case of rain), insect repellent, pocket money.

Min/Max Number of Participants (Pax):

Min #	Max #
2	30

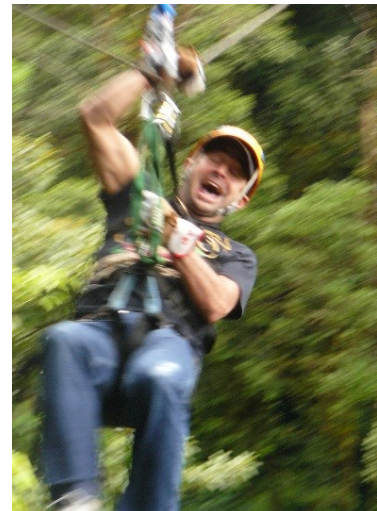
Prices per Person:

Retail Price	Net Price
\$65.00	\$60.00

More Information: [HERE](#)



Tarzan, 21st century!



Three kilometers in total length divided into 11 different zip-line cables. You will glide through the trees and encounter a world unknown... a fascinating perspective of life that you'd never believed existed.

Who would have thought that a technology utilized hundreds of years ago by our indigenous people and later perfected by botanists and naturalists to observe and study the behaviors of wild creatures in their natural habitat, would be transformed into one of the most revered extreme sports.



Horseback Riding

year-round

info@AventurasPanama.com
Phone: +507- 6679-4404

Duration: 8am – 12pm/2:30pm-6pm

Who can go?: 6-70 years, in good health, weight less than 200 pounds

Includes: Horses and guides

Bring: Sneakers or light boots with good soles, long pants, waterproof jacket, cap, sunscreen, sunglasses

Min/Max Number of Participants (Pax):

Min #	Max #
4	12

Prices per Person:

Retail Price	Net Price
\$35.00	\$31.00

Note: Meeting point is at Plaza Los Establos, Boquete, 30 minutes before departure.

More Information: [HERE](#)



Spend your horseback riding day meandering through green rolling hills, wading through pristine streams, venturing into breathtaking canyons, and crossing through millennium-old lava rock fields. After a 15-minute horseback riding safety orientation, you will have over two hours of guided horseback riding through the trails around the mountains and the lowlands of Caldera, an area with beautiful landscapes and picturesque views of mountain range.



Chiriqui Viejo River Rafting

June through March

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 8am-4pm

Who can go?: 12+ years, in good health

Includes: Trained guides, transportation, rafts and gear, lunch

Bring: ID, sneakers or strapped sandals with good soles, swimsuit, cap, sunscreen, dry set of clothes

Min/Max Number of Participants (Pax):

Min #	Max #
6	28

Prices per Person:

Retail Price	Net Price
\$85.00	\$78.00

Note: If you are staying in Panama City you have to take a flight at 7am to David, to get back to the City planes leave at 5:30pm. (Flight Tickets are not included)

More Information: [HERE](#)



Chiriqui Viejo is by far, the best white water rafting river in Panama for rafters of all experience and ages! This heart pumping adventure is filled with rapids and gorgeous jungle scenery.

Be ready for a fun 2-3 hour rafting session. The river is considered Class III+ (check [Panama White Water Rafting Rapid Classification](#) for more Information).



The Volcano Baru

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 11:30pm-11:30am (overnight)

Who can go?: 16-55 years, in perfect health and very good physical fitness (this is not for everyone).

Includes: Trained guide, transportation, entrance fees

Bring: Hiking shoes, headlamp, rain gear, layers of clothing, 2 Liters of water, cap, dry set of clothes, cash for guide

Min/Max Number of Participants (Pax):

Min #	Max #
4	10

Prices per Person:

Retail Price	Net Price
\$90.00	\$85.00

Note: Summit - 11,398 feet, Gain - 7,498 feet, Distance - 16 miles (Round Trip)

More Information: [HERE](#)



Volcan Baru, the highest point of Panama and a dormant volcano just south of the Continental Divide. It is one of the only places in the world where you can see both, the Pacific Ocean and the Caribbean Sea at the same time with the naked eye. Dozens of people attempt the climb daily, hoping to make summit before the gorgeous sunrise shines above the clouds, to then light up the beautiful mountain town of Boquete.



Multiple Day Trips

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Phone: +507- 6679-4404





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Panama Canal through the Chagres River, 7 Nights

year-round

Duration: 6 full days

Who can go?: 18+ years, in good health

Includes: Transportation, rafts/duckies, kayaks, equipment, camping gear, guides, meals, lodging

Bring: Sneakers or light boots with good soles, swimsuit, camera, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry sets of clothes, blanket, flashlight, personal hygiene items.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Friday)	Min # on un-scheduled dates	Max # on all dates
4	6	12

Prices per Person:

Retail Price	Single Supplement Charge	Net Price for 4-5+ Pax	Net Price for 6+ Pax
\$1,450.00	\$60.00	\$1,395.00	\$1,160.00

Note: This Itinerary can be shortened, or done in sections

More Information: [HERE](#)



From the mountains of the Chagres National Park to the Caribbean Sea you will explore through The Chagres River pristine jungle, Embera villages, Panama Canal main water reservoirs (Gatun and Madden Lake) and its locks and dams. Also the historic Spaniard Conquistadores built Fort San Lorenzo. You will experience the Panama Canal in all its splendor con complexity. Includes hiking, rafting, kayaking, camping, culture and history. It is a world class expedition into the essence of Panama. An experience that you will not forget!



Mamey Island Sea Kayaking Expedition

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 2-3 full days

Who can go?: 12-70 years, in good health

Includes: Transportation, kayaks, snorkel gear, camping gear, guides, meals

Bring: Sneakers or strapped sandals, swimsuit, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry sets of clothes, blanket, flashlight, personal hygiene items.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Wednesday)	Min # on un-scheduled dates	Max # on all dates
4	6	12

Prices per Person:

Retail Price for 1 night	Single Supplement Charge	Net Price For 4-6 Pax	Net Price for 7+ Pax
\$375.00	\$10.00	\$337.50	\$300.00

Note: Mamey Island is a favorite local destination. Therefore, we won't visit it on weekends or holidays to avoid crowds

More Information: [HERE](#)



Mamey Island, one of the hidden Caribbean Islands in Panama, it is a peaceful and quiet place, perfect to relax and unwind, although not in isolation, since it is fairly accessible.

You will kayak through the Caribbean Sea and explore its Islands. On this trip you will paddle, camp, snorkel, enjoy the beach, and visit historic Portobelo.



Chagres Challenge Overnight

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 2 days

Who can go?: 12-70 years, in good health

Includes: Transportation, rafts and gear, camping gear, trained guides, meals

Bring: Sneakers or light boots with good soles, swimsuit, cap, sunscreen, light jacket or windbreaker (in case of rain), towel and dry sets of clothes, flashlight, personal hygiene items.

Min/Max Number of Participants (Pax):

Min # on scheduled dates (Saturday)	Min # on un-scheduled dates	Max # on all dates
4	6	12

Prices per Person:

Retail Price for 1 night	Single Supplement Charge	Net Price for 4+ Pax	Net Price for 7+ Pax
\$350.00	\$10.00	\$315.00	\$280.00

More Information: [HERE](#)



Extend your visit to Chagres National Park with an overnight at an Embera Village ! We will hike for about 2 hours through virgin Jungle to reach Rio Piedras, where we start rafting down stream for about 5 hours, through the untouched jungle of Chagres National Park. During this trip we won't find any trace of humans, until we will meet a wooden canoe from the Embera Tribe that will take us to their village in about 1.5 hours. There you will be welcomed by the Embera Indigenous to stay for the night. You will learn about their customs and believes.



info@AventurasPanama.com
 Phone: +507- 6679-4404

Duration: 2 full days

Who can go?: 12-70 years, in good health

Includes: Transportation, tents, sleeping pad and camping gear, meals, trained guide

Bring: Lights boots for hiking and sandals, cap, sunscreen, light jacket or windbreaker (in case of rain), blanket, swimsuit, towel and spare clothing, flashlight, insect repellent, water, personal higiene items.

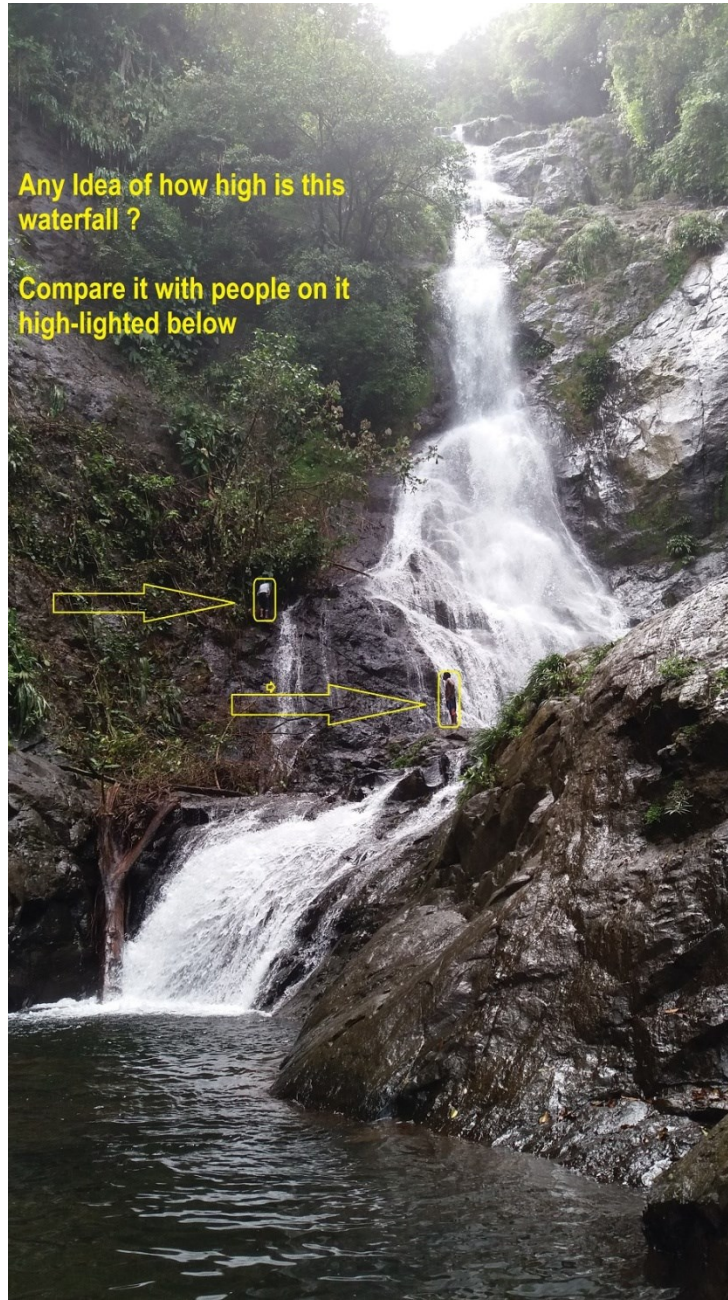
Min/Max Number of Participants (Pax):

Min #	Max #
4	12

Prices per Person:

Retail Price	Net Price for 4+ Pax	Net Price for 7+ Pax
\$375.00	\$337.50	\$300.00

More Information: [HERE](#)



Any Idea of how high is this waterfall ?

Compare it with people on it high-lighted below

Guanche Hike

year-round

This is an unforgettable jungle trek, which is not for everyone. It won't be a first time exploration, but it certainly feels that way every single time. This is an expedition trip into virgin jungle of Portobelo National Park which includes sometimes making your way as you go. We will camp in the jungle. The highlight of this hike is reaching "Los Monos" waterfall.





Explore Panama in 8 Nights

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 7 full days

Who can go?: 12-70 years, in good health

Includes: Panama Canal Kayaking & Visitor Center, Guna Yala - San Blas, Panama City Tour, Boquete, Cloud Forest Hike, White Water Rafting, Coffe Plantation or Boquete Tree Trek

Bring: Lights boots or sneakers with good sole, cap, sunscreen, light jacket or windbreaker (in case of rain), swimsuit, towel and spare clothing, insect repellent, water, personal higiene items

Min/Max Number of Participants (Pax):

Min #	Max #
4	12



Panama offers a great variety of places to visit and activities to choose from. The 'Explore Panama' package combines important historical highlights of Panama with adventurous day activities. Within 8 days you will visit two oceans, paddle in the Panama Canal, learn about the Canal and its Flora and Fauna. You will get to know people from different backgrounds, learn more about the everyday life of the Gunas and their culture and you will visit Boquete and its forests, where you can join the Boquete Tree Trek, which is a thrilling zip-line in the Cloud Forest.



Prices:	Single Room Retail Prices	Double Room Retail Prices	Single Room Net Prices	Double Room Net Prices
Economic Lodging				
2-3 Pax	\$2,125.00 p.p.	\$1,940.00 p.p	\$1,912.50 p.p.	\$1,746.00 p.p.
4+ Pax	\$1,805.00 p.p.	\$1,620.00 p.p	\$1,624.50 p.p.	\$1,458.00 p.p.
Upgrade Lodging				
2-3 Pax	\$3,220.00 p.p.	\$2,460.00 p.p.	\$2,898.00 p.p.	\$2,214.00 p.p.
4+Pax	\$2,980.00 p.p.	\$2,220.00 p.p.	\$2,682.00 p.p.	\$1,998.00 p.p.

More Information: [HERE](#)



Camino Real – King’s Highway

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 5 full days

Who can go?: 16+ years, in good health

Includes: Tents or jungle hammocks, camping equipment, meals, ground transfer and lodging on first day

Bring: Lights boots or sneakers with good sole, sleeping bag (for summer conditions), camping mattress, cap, sunscreen, light jacket or windbreaker (in case of rain)

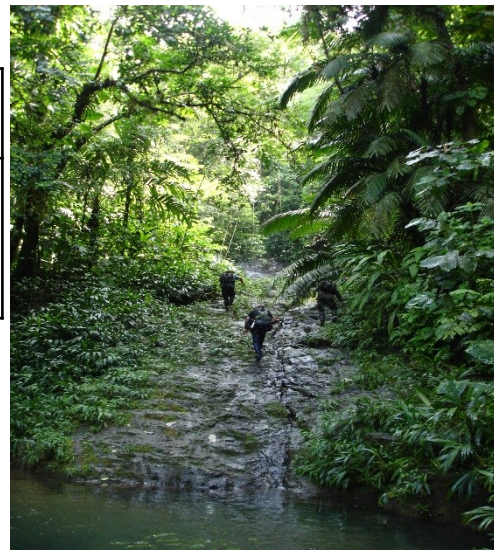
Min/Max Number of Participants (Pax):

Min #	Max #
4	25

Prices:

Double Occupancy	Single Supplement	Net Prices for 4+ PAX
2 Pax \$1,900.00	\$85.00	\$1,260.00
3 Pax \$1,575.00		
4 Pax \$1,400.00	\$85.00	\$1,147.50
5+ Pax \$1,275.00		

More Information: [HERE](#)



This tour allows you to cross the Isthmus of Panama along the original Camino Real. This 3 day trek starts in Old Panama, and leads you from the Pacific to the Atlantic, on a cobblestoned colonial road through the primary rainforest of Chagres & Portobelo National Parks. The first night you will stay at pleasant village and get to know traditions, then you will follow the trail for 3 days until you reach Portobelo. This tour ends with a relaxing day in “Isla Grande”, where you will have time to swim and enjoy the sun.



Chagres National Park & Guna Yala

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 5 full days

Who can go?: 12-65 years, in good health

Includes: Transport within Panama, lodging in Panama and campsite, rafts/duckies, sea kayaks, related gear, camping gear, guides, meals

Bring: Lights boots or sneakers with good sole, swimsuit, cap, sunscreen, light jacket or windbreaker (in case of rain), blanket, flashlight, ID

Min/Max Number of Participants (Pax):

Min #	Max #
4	12

Prices:

Price per Pax	Retail Price	Net Price for 4+ Pax	Net Price for 7+ Pax
Double Room	\$1,630.00	\$1,467.00	\$1,304.00
Single Room	\$1,780.00	\$1,617.00	\$1,454.00

More Information: [HERE](#)



One of the best adventures in Panama! We will hike and raft through the pristine, untouched jungle of the Chagres National Park. During this trip we won't find any trace of humans, until we will be picked up by a wooden canoe from the Embera Tribe that will take us to their village. Where you will be welcomed by the Embera Indigenous to stay for the night. You will learn out their customs and believes.

In the next part of this package we will visit the San Blas Archipelago, the homeland of the Guna Natives. Here you will kayak, snorkel and relax by the beach.



San Blas Sea Kayaking Expedition

year-round

info@AventurasPanama.com

Phone: +507- 6679-4404

Duration: 3 nights

Who can go?: 12-65 years, in good health

Includes: Transport within Panama, lodging in campsite, sea kayaks, related gear, camping gear, trained guides, meals, entrance fees

Bring: Strapped sandals or sneakers with good sole, swimsuit, cap, sunscreen, light jacket or windbreaker (in case of rain), blanket, flashlight, ID!

Min/Max Number of Participants (Pax):

Min #	Max #
2	12

Prices:

Price per Pax (fixed departures)	Retail Price	Single Supplements	Net Price
2 Pax	\$1,285.00	\$100.00	\$1,125.00
3-6 Pax	\$1,145.00		\$1,000.00
7-12 Pax	\$714.00		\$600.00

More Information: [HERE](#)



Explore the beautiful San Blas community on kayaks! Paddle from one Island to the other and hike, discover, snorkel and relax on stunning beaches of 5 different Islands.





Your best lodging option in Boquete

Casa Romero is one of the most antique well preserved houses built in Boquete, Panama.

Ideal for big families or friends !

Designed and built by legendary business man, Don Aristides Romero it is located by Boquete main road overlooking Rio Caldera, at Los Naranjos, very close to town center but far enough to get away from traffic.

Casa Romero is available entirely or per room, with a maximum capacity of 12 persons

Discount of 10 % on published prices, which can be found on www.BoqueteCR.com, please check availability [HERE](#) before quoting.

